

Fwd: Hauora Taiwhenua Newsletter - November 2022

From: Michelle Te Kira | PMAANZ Chair chair@pmaanzt.org.nz
To: Carole Unkovich | PMAANZ Admin admin@pmaanzt.org.nz
Date: Fri, 25 Nov 2022, 7:51 PM

Evening :) morning hehehe

Michelle Te Kira
Chair PMAANZ

From: Hauora Taiwhenua Rural Health Network <communications@htrhn.org.nz>
Sent: Friday, November 25, 2022 3:40 AM
To: Michelle Te Kira | PMAANZ Chair <chair@pmaanzt.org.nz>
Subject: Hauora Taiwhenua Newsletter - November 2022



Hauora Taiwhenua Rural Health Network

NEWSLETTER NOVEMBER 2022

Kia ora tatou,

There has been a lot happening recently on the political front in terms of health, and; rural health in particular. There is certainly no shortage of attention to the current workforce crisis in the media and all of us know that the GP workforce, across the whole general practice team, is foremost in the shortage.



We note the much-awaited release of the Interim Health Plan, Te Pae Tata, and the references to rural health that appear in the plan. We were also invited to be part of

the Workforce Dialogue with the Minister of Health; a full-day meeting with over 300 health leaders in Parliament. These plans and meetings are all very well, but we can only judge outcomes on the tangible actions that follow. Both initiatives are currently short of follow-up actions, with associated measurable targets, that can be used to hold agencies and Government to account.

We do note that Te Whatu Ora is currently advertising and filling positions for a rural team and positions in the Primary Community and Rural Care directorate. This is something we have campaigned for and will enable us to have dedicated people within Te Whatu Ora to engage with and to help drive initiatives that will work for rural health.

Of course, there is no let-off in pressure for all of you at the coalface of rural health delivery as we enter the Christmas holiday season. We are also hearing from our Rural Communities Chapter that many rural people are feeling increasing pressure with Government legislation, pending legislation, and late grass growth, among other things, leading to stress and disillusionment for many. We need to support each other during this time, and I know the intent and passion are there from all of us to help where we can.

A number of us will attend Fieldays at Mystery Creek, Hamilton, next week in the rural health hub. Our team from Hauora Taiwhenua, with assistance from volunteer students, doctors, and nurses will be promoting the message of being aware of and looking after your health. I hope to catch up with many of you there over those days. Please drop in and see us.

With the help of Mobile Health and the combined efforts of our Rural Communities and Rural Research and Education Chapters, we have put together a short survey to get perceptions of the state of rural health. [Please complete the survey](#) and distribute it widely. We hope to get some baseline data and annually update this information.

Mauri ora,

Dr Grant Davidson

Chief Executive

Hauora Taiwhenua Rural Health Network

Feature

The Christchurch Consensus

The release of the Christchurch Consensus has been a landmark work for us. Not only is it the culmination of a lot of discussion and collaboration with rural health professionals all over Aotearoa New Zealand, but lays out key areas of interest for Hauora Taiwhenua moving forward.



The Christchurch Consensus details priorities and calls to action that target the rural workforce crisis, unacceptably poor health outcomes for rural Māori, rurality focussed locality planning, and access to and funding of services that are set up specifically for rural areas.

With the release of Te Pae Tata/Interim Health Plan, some of the features of the Christchurch Consensus, such as the Rural Classification for Health and the inclusion of rurality data in health statistics, have been established as areas of interest by Te Whatu Ora and Te Aka Whai Ora.

The alignment of Te Pae Tata and the Christchurch Consensus is encouraging, and goes a long way to show that rural communities and health professionals are well aware of the challenges they face and solutions to overcome them. Moving forward, Hauora Taiwhenua will be instrumental in holding Te Whatu Ora to account for delivering on these key targets effectively and on time.

However, there is still plenty of advocacy work required to meet the needs of rural communities and the Christchurch Consensus is currently the framework for this advocacy.

[Read the Christchurch Consensus](#)

Te Pae Tata/Interim Health Plan

Presented by Rachel Haggerty
Te Whatu Ora
November 10, 2022



Advocacy

Te Pae Tata/Interim Health Plan Webinar

Shortly after the release of Te Pae Tata/Interim Health Plan, we organised and hosted a webinar with Rachel Haggerty of Te Whatu Ora.

Although much of the detail of Te Pae Tata is still in development, there are some key features of the Act that are of particular interest to rural communities, including:

- A Rural Health Strategy being led by Manatū Hauora
- Initiatives that aim to address workforce shortages
- Primary Community and Rural Early Actions programme.

Changes expected to be implemented by Christmas include the Afterhours Telehealth service and the timelines and pathways for the review of rural afterhours and PRIME.

Hauora Taiwhenua Rural Health Network

Ask our Health Hub Navigators
to go through a health check with you
Talk with them about ways to take better care of yourself and your whānau.

GROWING HEALTHY RURAL COMMUNITIES IN AOTEAROA NEW ZEALAND

- Rural General Practice / Te Whare Taumata o Ngā Tikutanga Taiwhenua
- Rural Health Research and Education / Te Whare Taumata o te Mātauranga Taiwhenua
- Rural Nurses NZ / Te Whare Taumata o Ngā Nāhi Taiwhenua o Aotearoa
- Rural Scientific, Technical and Allied Health / Te Whare Taumata o te Mātauranga Pōtaiao Hangarau
- Rural Communities Aotearoa / Te Whare Taumata o Ngā Hāpori Taiwhenua o Aotearoa
- Rural Hospitals / Te Whare Taumata o Ngā Hōhipera Taiwhenua
- Te Whare Taumata o Whānau Whānui
- Rural Midwifery and Maternity / Te Whare Taumata o Ngā KāhakaWhānau me te Whare Kōhanga Taiwhenua
- Students of Rural Health Aotearoa / Te Whare Taumata o Ngā Takiri Taiwhenua o Aotearoa

Advocacy

Health and Wellbeing Hub at the Fieldays

The Hauora Taiwhenua Health and Wellbeing Hub will be operating again at the Fieldays at Mystery Creek Event Centre in Hamilton.

In collaboration with 47 other health and wellbeing organisations, the Health and Wellbeing Hub will engage rural New Zealanders in meaningful conversations about their health with a view to reaching out to rural people visiting the Southern Hemisphere's largest agricultural event.

The Health and Wellbeing Hub's last Fieldays presence saw 40,000 people engage with health conversations, and with a team of 40 volunteers including GPs, nurses, students of rural health, and many more, we are expecting another successful visit.



NZLocums

NZLocums Rural Practice Visits

In early November, Luke and John from the NZLocums team visited a selection of rural towns in the Waikato to meet with GPs and rural medical professionals to assess how the NZLocums team can help alleviate workforce issues.

You can read Luke's report of their trip below.

Read More



Rural Health Careers

Rural Health Careers Promotion Programme November

The final Rural Health Careers Promotion Programme Rural School Visits have wrapped up this November with great success. Our volunteers, tertiary students from all over the country, visited schools and practices in Upper and Lower Northland, Taranaki, and Waikato.

They visited a number of rural schools to put on interactive presentations for students encouraging them to consider a future in rural health care, and spoke with rural health professionals about the rural lifestyle and working within rural communities.

The Rural Health Careers Promotion Programme is helping to inspire and develop the future of rural health care by establishing important links between health care professionals, medical students, and school students and keeping rural health front and centre in the conversation.

We are looking forward to picking up the programme again in 2023 and keeping the conversation about rural health going with those who will one day be working and living in these very communities.

If you would like to get your name down for the 2023 Rural School Visits programme, and to chat with some bright-eyed tertiary students who are supporting our rural rangatahi, please reach out to Samantha.hill@htrhn.org.nz for more information.



Dr Jeremy Webber's Clinical Director Report

This week I've had another lesson in equity as I have joined the community for jury duty. It has reinforced the strength of a locality approach to health which addresses those socioeconomic determinants which too often dictate the health of our rural populations.

Again it has been a busy month in the health sector. I was proud to in part host the launch of Te Pai Tata the Interim Health Plan with our Tūwharetoa partners at Taupō Hospital. Despite the cameras and positivity I was able to reinforce our sector's need through the appropriate lens of post night shift. Expectantly vague on details for rural it does give us some guidance now on the next two years of delivery on health reform. The challenge obviously is how we continue to imprint rural on subsequent delivery.

I continue to contribute to Te Whatu Ora as part of my secondment into the extended community care stream and more recently input into the Hospital and Specialist Services. Increasingly Hauora Taiwhenua is being referenced as a key stakeholder and so it is essential that we meet this expectation for our rural communities. As always I welcome your comment and questions, with a particularly focus on rural diagnostics and pathways of care.

Last month I joined colleagues (pictured) at the Rural Medicine Australia conference in Canberra and also combined some teaching, division representation and my own CPD learning. The discussions in the coffee line, and more widely reflected in the plenary sessions, frequently mirrored our own challenges in New Zealand. Workforce

and the lack of clinical exposure to rural in those early post graduate years, the struggle for wider health workforce, and the day-to-day access to higher level care in a timely and clinically appropriate way, are all significant challenges.

As our rural areas prepare for the holiday onslaught there are some key actions before the year end for Te Whatu Ora and Te Aka Whai Ora and we will continue to ensure rural has prominence in that mahi.

Our Chapters/Te Whare Taumata

Updates from our Chapters



Rural Communities Aotearoa

Changes to PRIME emergency response fees welcomed but more work needed

Set up to assist in managing emergencies in rural locations, PRIME has recently seen some welcome changes to the remuneration models for on-call responders. However, campaigners say a full review of PRIME and after hours is required to best support the health needs of rural New Zealanders.

[Read More](#)



Rural Communities Aotearoa

Device designed for seniors supports independent living and social connection

Increasing social isolation and an ever-increasing pace of technological change are impacting the ability for some seniors to remain living independently. Noting a lack of devices on the market which are designed with seniors in mind, in 2020, two Matamata accountants designed and launched their own device – Kitcal.

[Read More](#)

Rural Hospitals

Rural Hospitals Updates

The Chapter has been meeting monthly discussing a number of issues as they relate to the health reforms and matters affecting rural hospitals as we navigate a re-surgent Omicron and deal with staffing shortages. There are a few matters we would like to update you on:

Hospital and Specialist Operating Model Development

Establishing a Rural Hospital Locum service

Hauora Taiwhenua Prioritising and Planning Workshop

[Read More](#)

INNOVATION IN RURAL HEALTH

Visit the Innovation Library

Equity of travel required to access first definitive surgery for liver or stomach cancer in New Zealand

This recent study focuses on travel required for patients to access surgery for liver or stomach cancer in New Zealand, particularly for Māori. Gurney et al. find that that Māori on average travel twice as far for cancer surgery compared to Europeans.

We are always on the lookout for new content that adds to the library, so if you know of or are conducting work that would fit in well, don't hesitate to reach out.

[Visit our Innovation Library to Read More](#)

[Leaning on Fence Posts Blog](#)

New content on Leaning on Fence Posts

Understanding the context of hospital transfers and away-from-home hospitalisations for Māori

In this paper, 10% of acute hospital admissions, transfers and arranged admissions for Māori are to hospitals outside of their home domicile which increases with higher levels of deprivation. With around 25% of Māori living rurally the burden of travel is even greater. Let's hope Te Whatu Ora & Te Aka Whai Ora make this a priority in addressing health disparities.

Check out the latest content on the University of Otago's Leaning on Fence Posts Blog via the button below.

[Visit Leaning on Fence Posts Blog](#)

[Research](#)

Attributes Aotearoa/New Zealand Communities Want in Future Doctors

An invitation to participate

We are interested in finding out more about what qualities and attributes your community organisation would like to see in the doctors of the future. There is very little information about this in New Zealand and we would like to discover more. We are hoping to use this information to help us understand what we should be looking for when selecting the best applicants to enter the Otago Medical School. If your organisation does choose to be part of this research, we would like to thank you by providing a summary of what we find out once we have looked at the results.

We would like your organisation to consider the following four questions:

1. What qualities and attributes does your community organisation want to see in future doctors?
2. Please describe for us the process(es) you used in reaching the answer to Question 1.
3. Would you like your organisation's response to be anonymous or are you happy for the response to be identified as coming from your organisation?
4. Would your organisation like to be contacted in the future if we are doing more research about this?

Thank you very much for considering this please. We will be writing to you shortly with a formal Letter of Invitation and Information Sheet. I very much hope you will consider participating.

Ngā mihi,



Dr Katherine Hall BSc(Med), MBBS, PhD, FRNZCGP, BA
Associate Dean Medical Admissions
Academic Lead MBChB/BA Programme
Senior Lecturer
Dept. of General Practice and Rural Medicine
Otago Medical School – DSM
Dunedin, New Zealand
M: +64 27 664 0044
Email: katherine.hall@otago.ac.nz

published

Hauora Taiwhenua, through foundation members NZRGPN and NZIRH, supported Angel Harbers and Krystyna Glavinovic, from The University of Auckland, with funding to complete research projects during summer of 2022. These successful studentships have resulted in two insightful research reports, which you can read by clicking on the buttons below.

These reports are also available on our Innovation Library.

Understanding barriers to diabetes eye screening in a large rural general practice: an audit of patients not reached by screening services

Understanding and experience of climate change in rural general practice in Aotearoa—New Zealand

Research

SITN on the Lookout for Rural Contributors

The South Island Trauma Network is a clinical network of providers of care for injured patients from all over Te Wai Pounamu. Its goals are to support the development of excellent systems of care for those suffering trauma by collecting accurate and comprehensive data; improving early access to care, transport, definitive treatment and rehabilitation; fostering learning and skill improvement and contributing to the National Trauma Network. We need to ensure all parts of our system have a voice, and so we are looking for one or two rural practitioners to contribute to the network. This would involve quarterly meetings of up to 2 hours via ZOOM or possibly one face to face meeting per annum.

For further information or to express an interest please contact the chair Mr Mike Hunter , Medical Trauma Director - Te Whatu Ora Southern.

Mike.Hunter@otago.ac.nz (+64 27 4340 767)

Public Health

National Cervical Screening Programme Sector Update November 2022

There has been great mahi happening in the sector over the past month, to encourage more participation in cervical screening. This is particularly important for us as we look to recover from the lockdowns and isolations which caused people to miss screening opportunities during COVID, and priority groups in particular.

[Read More](#)

Public Health

Monkeypox Funding Extension

Te Whatu Ora recognises and values the critical role that general practice, Hauora providers and urgent care partners have provided in the current Monkeypox (MPX) outbreak. We are pleased to advise that the funding framework will continue after 7 November 2022 and will remain in place until 31 December 2022.

COVID-19

More Māori and Pacific peoples eligible for second COVID-19 vaccine booster

Māori and Pacific peoples aged 40-49 will be eligible for a second Covid-19 booster from Friday 18 November to provide additional protection from the virus, Deputy-Director General and head of the Public Health Agency Dr Andrew Old, said today.

[Read More](#)

COVID-19

COVID-19 Health Key Messages

In the latest COVID-19 health key messages newsletter from Manatū Hauora and Te Whatu Ora you can find updates about:

- Weekly COVID-19 Trends and Insight report
- Current COVID-19 case data
- Second Booster extended to Māori and Pacific peoples aged 40-49
- COVID-19 media update, 16 November 2022.

[Read the update](#)

Updated COVID-19 Antiviral Clinical Guidance and Primary Care QRG

COVID-19 Care in the Community has updated the clinical guidance for COVID-19 antivirals and Primary Care COVID-19 Quick Reference Guide (both attached), and we will be grateful if you can use these to inform your care from now on.

These documents will be available on the COVID-19 Advice for all health professionals webpage

[View Updates](#)

Upcoming Events

Health Hub at Fieldays, Nov 30- Dec 3

NZLocums Orientation, Dec 5-7



**Hauora
Taiwhenua**
Rural Health
Network



**NZLocums
& NZMedJobs**



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Our mailing address is:

Hauora Taiwhenua Rural Health Network
88 The Terrace
Wellington Central
Wellington, Wellington 6011
New Zealand

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